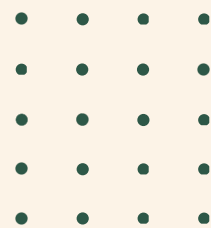




MONTHLY IMPACT REPORT September 2026

Empowering Lives, Building Futures.



A MESSAGE FROM US

A Word Before the Numbers

September was a month of learning, celebration, nourishment and community.

Across our centres, classrooms and community spaces, children continued to learn, celebrate and grow. The month brought together conversations on gender equality, literacy and digital learning, alongside festivals and community celebrations that gave children opportunities to participate, express themselves and simply enjoy being together.

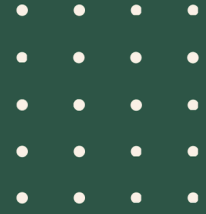
Our work also continued beyond the classroom. Every morning, fresh fruits and vegetables reached families across our three centres. Food and nutrition support continued throughout the month, while community members, individuals and partners came forward to share food, stationery, clothing and other essentials with children.

September also gave us the opportunity to work with 29 community women as part of Poshan Maah, focusing on healthy food preparation and better nutrition for children.

From a conversation with young boys about respecting girls to a digital literacy session, from celebrating Hindi Diwas to sharing a meal or a simple snack — each activity was a small part of a larger effort. Because community transformation is built not only through big programmes, but through the small things we continue to do every day.



GENDER EDUCATION



STARTING WITH RESPECT

Building Gender Equality from a Young Age

1 September 2026 | AVR Public School, Gurugram |

Students aged 9–13

Some conversations are important enough to begin early.

Mera Parivar conducted a gender education session at AVR Public School, Gurugram, engaging students aged 9–13 in conversations around respect, equality and attitudes towards girls.

The programme focuses on boys during an important stage of their development, helping them understand respect for girls and examine the gender norms and attitudes that have been passed down through generations.

Rather than treating gender equality as a distant idea, the session brought the conversation closer to everyday life — how we speak, how we behave, how we understand one another and how we can build more respectful relationships.

Equity starts with awareness — and awareness starts young.





DAILY FRUITS & VEGETABLES



MORNING FRUITS & VEGETABLES DISTRIBUTION

Every Morning, A Healthier Start

Daily | Rajiv Nagar, Sheetla Colony & Surat Nagar

Some programmes do not need a special occasion.

Every morning, Mera Parivar continues its regular fruits and vegetables distribution across three community centres — Rajiv Nagar, Sheetla Colony and Surat Nagar.

Fresh fruits, vegetables and nutrition products are distributed regularly to families in the communities, making access to nutritious food a consistent part of everyday life.

The programme is built around a simple idea: nutrition should not be limited to a one-time intervention. It needs to become part of the everyday routine of a community.

The mornings may look ordinary, but the commitment remains constant.

Daily distribution | 3 Centres | Fresh Fruits & Vegetables




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EDUCATION



Learning Has Always Been at the Heart of Our Work

Education has been a core part of Mera Parivar's work since its beginning. Our programmes continue to support children through different forms of learning and academic support.

- Remedial Classes — 60 new children joined this month.
- Tuition — 30+ new children joined regular learning support.
- Bridge School — 20+ new children joined the programme.
- Digital Education — 15+ new children joined digital learning.
- Girl Child Project — 5 new girls joined the programme.

130+ New Children Joined Our Education Programmes This Month

Remedial Classes • Free Tuition • Bridge School • Digital Education • Girl Child Project





DISTRICT-LEVEL TB AWARENESS MEETING



Standing With Communities Affected by TB

Mera Parivar participated in the District-Level TB Awareness Meeting held in Gurugram, representing the organisation and joining the wider discussion around TB awareness and community support.

Our participation reflects an ongoing commitment to supporting people affected by TB. Mera Parivar has already adopted 50 TB patients, providing support as part of our continued community health efforts.

The meeting was an opportunity to connect with other stakeholders, strengthen our understanding of TB-related community initiatives and contribute to the shared effort towards greater awareness and support.

For us, participation goes beyond attending a meeting — it is about continuing the work on the ground and standing with people who need Support.

50 TB Patients Adopted & Supported
TB Awareness • Patient Support • Community Health •
District-Level Participation





MID-DAY MEAL PROGRAMME



A Nutritious Meal, Every School Day.

The Mid-Day Meal Programme is an ongoing part of Mera Parivar's work to support children with regular and nutritious meals alongside their education.

- Regular Mid-Day Meals — Nutritious meals provided to children at the centres.
- Community Kitchen — Supporting the preparation of fresh meals for children.
- Fresh Fruits & Vegetables — Regular distribution of fresh produce to support better nutrition.
- Dry Ration Support — Providing essential food supplies to support families in the community.

The programme brings education and nutrition together, helping ensure that children can learn while also receiving regular food support.

Nutrition • Education • Care
Community Kitchen • Mid-Day Meals • Dry Ration •
Fresh Fruits & Vegetables





JANMASHTAMI CELEBRATION



Celebrating Culture, Joy and Togetherness
3 September 2026 | Rajiv Nagar, Sheetla Colony &
Surat Nagar | 450 Students
Festivals are also opportunities for children to learn,
participate and celebrate together.
Mera Parivar celebrated Janmashtami across Rajiv
Nagar, Sheetla Colony and Surat Nagar, bringing
together 450 students across the three centres.
The celebration gave children an opportunity to
connect with cultural traditions while enjoying a day
filled with participation, happiness and togetherness.
At our centres, celebrations become part of the
learning experience — creating memories while
helping children remain connected to the culture
around them.
3 Centres | 450 Students | One Shared Celebration



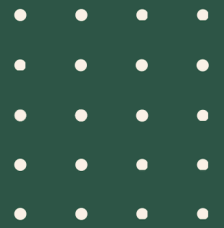


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TEACHERS' DAY



5 September 2026 | Rajiv Nagar,
Sheetla Colony & Surat Nagar | 450
Students

Celebrating Those Who Guide Us

Teachers play an important role in every child's journey of learning and growth.

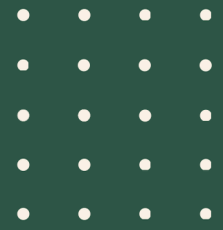
On Teachers' Day, children across all three Mera Parivar centres came together to celebrate and appreciate the teachers who support, guide and encourage them every day.

The celebration gave students an opportunity to express their gratitude and recognise the people who make learning possible.

3 Centres | 450 Students | A Day of Appreciation



FOOD & NUTRITION SUPPORT



FOOD THAT BRINGS PEOPLE TOGETHER

Supporting Children and Families Through Everyday Nutrition

September 2026 | Mera Parivar Centres

Food and nutrition support remained an important part of our work throughout September.

During the month, women across Rajiv Nagar, Sheetla Colony and Surat Nagar received eggs, while children across the centres received a variety of food and nutrition items including dahi and sweets, bread and peanut chikki, snacks, muffins, biscuits, Fruity, chips, Frooti, chocolates, bananas, samosas and other food items.

These distributions were supported by community members, individuals and partners who chose to share with the children and families in the community. Every distribution was different, but the intention remained the same — to make nutritious food and moments of happiness a regular part of community life.

3 Centres | Regular Food Support | Nutrition, Care and Sharing

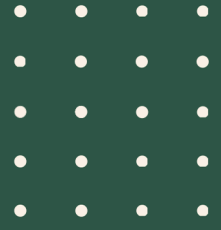



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INTERNATIONAL LITERACY DAY



Every Child Deserves the Opportunity to Learn
8 September 2026 | Rajiv Nagar, Sheetla Colony &
Surat Nagar | 450 Students

Literacy is more than learning to read and write.
It gives children the ability to understand,
communicate, ask questions and continue learning
throughout life.

On International Literacy Day, Mera Parivar
engaged 450 students across Rajiv Nagar, Sheetla
Colony and Surat Nagar in activities centred
around the importance of literacy and education.
The day was an opportunity to remind children
that every new word they learn, every question
they ask and every page they read is a step
towards greater confidence and opportunity.

450 Students | 3 Centres | One Message — Keep
Learning



DIGITAL LITERACY / FORVIA



DIGITAL LITERACY PROGRAMME

Opening New Doors Through Digital Learning

8 September 2026 | Rajiv Nagar | 45 Students

Supported by Forvia

Digital knowledge is becoming an important part of how young people learn, communicate and prepare for the future.

With the support of Forvia, Mera Parivar conducted a Digital Literacy Programme for 45 students at Rajiv Nagar.

The session introduced students to the importance of digital skills and created an opportunity for them to engage with technology as a tool for learning.

For children who may have limited access to digital resources, exposure to technology can be an important first step towards greater confidence in the digital world.

45 Students | One Digital Step Forward




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POSHAN MAAH



Healthy Food Begins With What We Put on the Plate

Mera Parivar Communities

Good nutrition begins with the everyday choices we make for children and families.

Throughout Poshan Maah, Mera Parivar conducted multiple sessions and activities with community women, creating spaces to learn and discuss healthy food, nutrition and better eating practices for children.

Across these sessions, women came together to understand the importance of nutritious meals and practical ways to prepare healthier food using ingredients that are part of everyday household cooking.

The sessions focused on making nutrition simple and practical – not just discussing what children should eat, but exploring how healthy food can be prepared and included in daily meals.

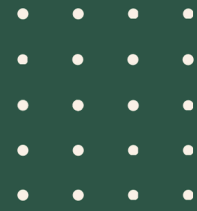
The conversations encouraged women to take what they learned back to their homes and make healthier food choices for their children and families.

Poshan Maah | Multiple Community Sessions | 3 Centres





GANESH CHATURTHI & HINDI DIWAS



Celebrating Culture, Language and Togetherness

14 September 2026 | Rajiv Nagar, Sheetla Colony & Surat Nagar | 450 Students

September brought together two meaningful celebrations at Mera Parivar centres — Ganesh Chaturthi and Hindi Diwas.

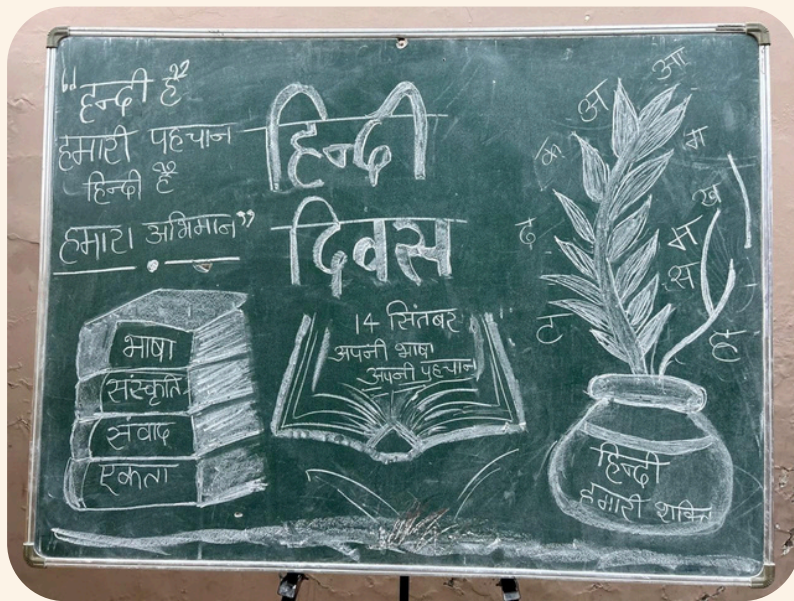
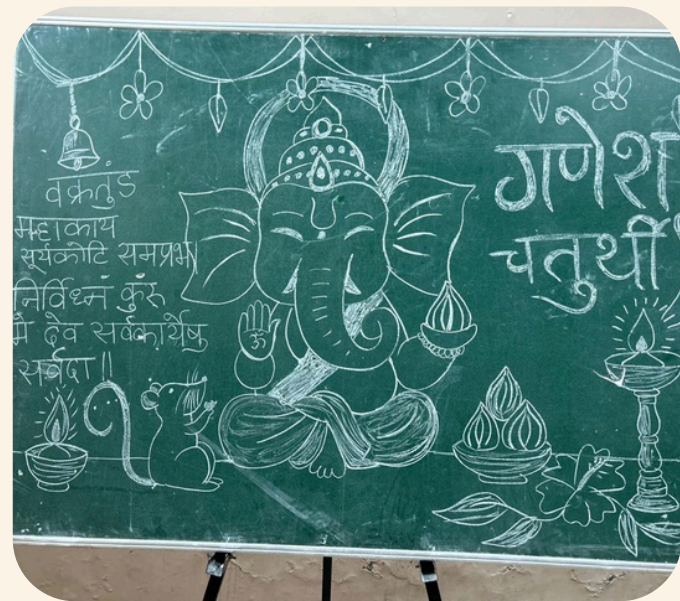
Across Rajiv Nagar, Sheetla Colony and Surat Nagar, 450 students came together to celebrate the occasion, participate in cultural activities and enjoy the day with their friends and teachers.

Ganesh Chaturthi gave children an opportunity to connect with cultural traditions and celebrate together, while Hindi Diwas created a space for children to express their thoughts and appreciation for their language.

The children enthusiastically participated and shared their thoughts on the occasion, making the celebrations a reflection of both culture and young voices.

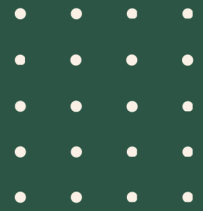
For Mera Parivar, such occasions are not only about celebration. They are also about giving children opportunities to participate, express themselves and stay connected to the community around them.

450 Students | 3 Centres | Culture, Language & Togetherness





FOOD & COMMUNITY SUPPORT



Sharing Food, Creating Moments of Joy

September 2026 | Mera Parivar Centres

Throughout September, Mera Parivar continued to support children through regular food, snacks and essential-item distributions across its community centres.

The month included a variety of contributions. At Rajiv Nagar, 70 students received bread and peanut chikki on 14 September. The following day, Coffee Island supported snack distribution for 200 students across Rajiv Nagar and Sheetla Colony, while a corporate office supported food distribution for 50 students at Rajiv Nagar.

The support continued through the month. 60 students at Rajiv Nagar received muffins, biscuits, Fruity and chips, while Let's Scrap Ltd supported the distribution of Frooti, Dark Fantasy and chocolates for 55 students.

Individual contributions also brought food support to children at Rajiv Nagar, with 80 students supported by Anurag Tiwari and another 80 students supported by Arnav Agarwal.

On 29 September, Coffee Island supported snacks and cold drinks for 300 students across Rajiv Nagar, Sheetla Colony and Surat Nagar. On the same day, 300 students across the three centres received Frooti, samosas, bananas and stationery through support from Agarwal.

The month concluded with Coffee Island's butter croissant distribution for 100 children across Sheetla Colony and Surat Nagar.

Each contribution was different, but together they created many small moments of sharing, care and happiness for children across the Mera Parivar community.

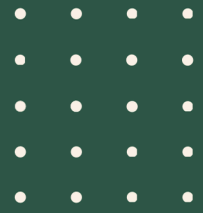
Food | Snacks | Fruits | Refreshments | Stationery

Multiple Contributions | 3 Centres | Children Supported Throughout September





CLOTHING & STATIONERY



SUPPORTING LEARNING AND EVERYDAY NEEDS

Small Things That Make a Difference

Community support in September extended beyond food.

At Rajiv Nagar, 32 students received clothes, providing practical support to children and families.

With support from Let's Scrap Ltd, 70 students across Sheetla Colony and Surat Nagar received stationery kits.

A stationery kit may seem simple, but for a child, having the basic materials needed for learning can make participation in school and educational activities easier.

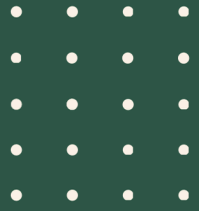
Similarly, clothing support responds to an everyday need that families may otherwise have to manage with limited resources.

32 Children Supported With Clothing | 70 Students Supported With Stationery





AANGANWADI NUTRITION SUPPORT



CARE FROM THE EARLY YEARS

CARE FROM THE EARLY YEARS

Nutrition Support for Children and Women

September 2026 | Sheetla Colony & Rajiv Nagar

Young children need care, nutrition and support from the very beginning.

During September, Mera Parivar extended nutrition support to children and women connected with Anganwadi communities.

Our Reach & Support

19 Anganwadi centres reached so far

- 30 children at Sheetla Colony received fresh fruits
- 50 children at Rajiv Nagar received butter croissants
- 10 women at Rajiv Nagar received butter croissants
- 100 children across Sheetla Colony received butter croissants

These small interventions are part of a larger commitment to support children's nutritional needs during their early years.

Nutrition. Care. Support — from the beginning.



COMPUTER SKILL TRAINING

GIVE A YOUNG PERSON A SKILL. GIVE THEM A FUTURE.

Skill Centres | Delhi & Gurgaon

The world is changing fast. Young people need more than education alone — they need practical skills that can help them build confidence, explore opportunities and move towards employment.

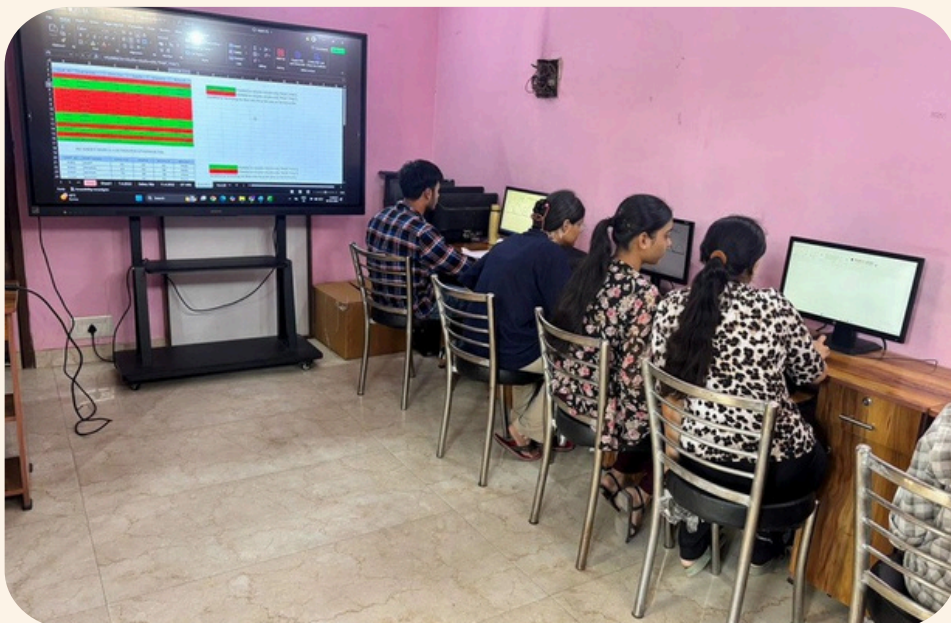
This month, computer skill training continued across our centres, creating a bridge between learning and future opportunities for young people who have the ambition but may not always have access to digital learning.

Our Impact This Month

- **25 new students reached through computer skill training this month**
- **Computer skill training continued across our centres**
- **Delhi & Gurgaon communities reached through the programme**
- **Supporting young people towards employment, self-reliance and future opportunities**

Because a skill is not just a certificate.

It is a door that stays open.





SEWING CENTRE

Skills That Build Confidence

Rajiv Nagar | Women Skill Development

At Mera Parivar, skill development is about creating opportunities for women to learn practical skills and build confidence.

Our Sewing Centre at Rajiv Nagar provides women with a supportive space to learn sewing and tailoring through hands-on practice. The centre helps women develop a useful skill while encouraging confidence, creativity and independence.

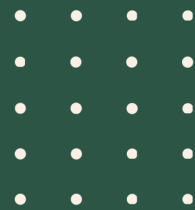
For many women, learning to sew is not just about learning a new skill. It is about taking a step towards greater self-confidence and creating new possibilities for themselves and their families.

Rajiv Nagar | Women | Sewing & Skill Development





SEPTEMBER — AT A GLANCE



A Month of Learning, Nutrition & Community

September brought together education, nutrition, health, skill development and community activities across Mera Parivar's centres. Alongside our regular programmes, new children joined our education initiatives and the month saw continued engagement with families and the wider community.

EDUCATION

- 130+ new children joined our education programmes
- Remedial Classes, Free Tuition, Bridge School, Digital Education and Girl Child Project continued

NUTRITION & FOOD

- Mid-Day Meals and Community Kitchen continued
- Fresh fruits and vegetables were distributed regularly across all three centres
- Poshan Maah activities focused on healthy food and better nutrition

HEALTH & AWARENESS

- Participated in the District-Level TB Awareness Meeting in Gurugram
- Continued support for 50 adopted TB patients
- Gender education sessions promoted respect and equality

SKILLS & COMMUNITY

- Computer Centre and Sewing Centre continued at Rajiv Nagar
- Children came together for Janmashtami, Teachers' Day, Ganesh Chaturthi, Hindi Diwas and International Literacy Day

THREE CENTRES • MANY INITIATIVES • ONE SHARED PURPOSE



SEPTEMBER, IN MANY SMALL MOMENTS

September was a month of continued learning, care and community.

It was in the classroom where children received extra support through remedial classes, free tuition and bridge education. It was in the digital learning sessions that opened new possibilities, and in the Girl Child Project that continued to encourage girls to stay connected with education.

It was in the Computer Centre at Rajiv Nagar, and in the Sewing Centre where women continued to learn practical skills.

It was in a nutritious mid-day meal, fresh fruits and vegetables shared with families, and the conversations around healthy food during Poshan Maah.

It was in the gender education session that encouraged young students to understand respect and equality, and in our continued support for people affected by TB.

It was also in the celebrations — Janmashtami, Teachers' Day, Ganesh Chaturthi, Hindi Diwas and International Literacy Day — where children came together, participated and enjoyed being part of their community.

These moments may seem small on their own.

Together, they reflect something bigger — a community that continues to learn, care, celebrate and grow, one day at a time.

One child. One family. One conversation. One day at a time.

Mera Parivar

Transforming Communities, One Life at a Time.



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