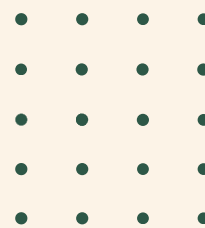




IMPACT REPORT JUNE 2026

Transforming Communities, One Life at a Time.



A MESSAGE FROM US

A Word Before the Numbers

June was a month that reminded us why we started. It was the month interns walked into our centres carrying textbooks and left carrying something heavier – the weight of real lives, real struggles, and real hope. It was the month fathers stood a little taller because someone acknowledged their 14-hour days. The month a child in rural Jharkhand sat under a library light and believed, maybe for the first time, that the future was meant for them too.

We worked across Delhi, Gurgaon, and Koderma. We cooked meals, distributed nutrition, ran sessions, visited bastis, and listened – really listened – to communities that the world too often walks past.

This report is not just June's record. It is June's proof.

3500+

50

150+

150+

60+

**Women &
Girls
Reached**

**TB Children
Adopted**

**Families
Protected**

**Students
Counselled**

**Women at
Skill
Centres**

PROGRAMME IMPACT

Creating Change. Empowering Lives. Building a Better Tomorrow.

JUNE 2026



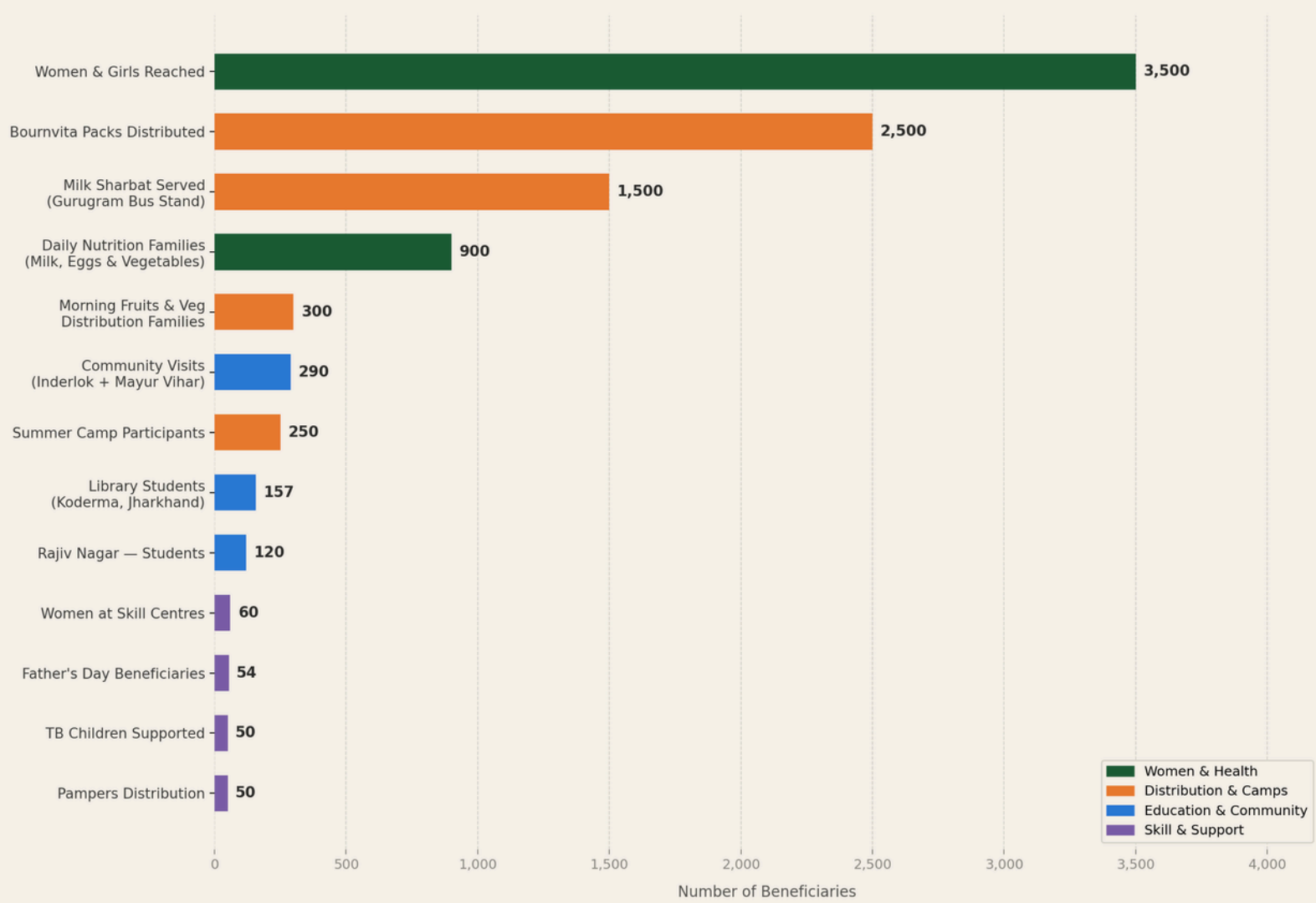
**STRONGER TOGETHER,
BRIGHTER TOMORROW.**



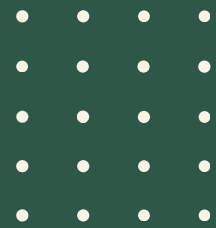
Every number represents a life touched,
a family supported, a future transformed.



June 2026 — Programme Reach at a Glance



1. INTERNS WHO SHOWED UP



From Classrooms to Communities

Multi-University Internship Cohort — June 2026

They came from some of India's leading universities. They came with degrees in progress, notebooks full of theory, and ideas about what social work looks like.

And then they stepped into the field.

Into bastis where children play on unpaved ground. Into skill centres where women are learning, for the first time, that their hands can earn. Into communities where a warm meal is not guaranteed, but where dignity — because of this work — is.

This month, Mera Parivar welcomed interns from across the country:

- Chandigarh University — 8 Interns
- Amity University — 7 Interns
- UPES, Dehradun — 20 interns
- NMIMS, Mumbai — 10 interns
- Aryabhatta University, Delhi — 2 Interns
- IIT Delhi — 1 Intern
- Lovely Professional University (LPU) — 1 Intern
- Deenbandhu Chhotu Ram University of Science & Technology — 1 Intern

Each one brought something different. Each one left changed.

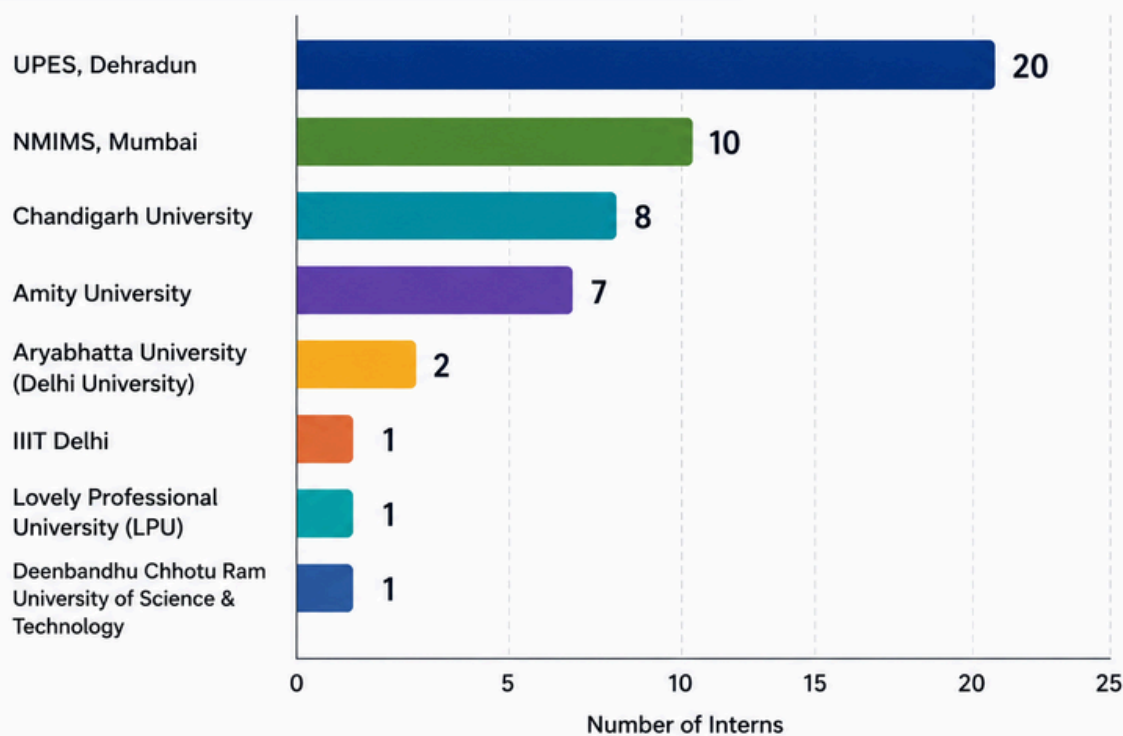
Because that is what the ground does to you — it does not let you stay the same.

INTERNSHIP DISTRIBUTION

BY UNIVERSITY

Empowering young minds from leading universities across India.

NUMBER OF INTERNS FROM EACH UNIVERSITY



TOTAL INTERNS

50

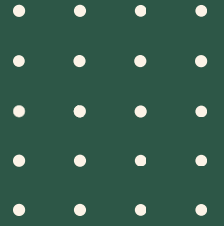
Interns from 8 leading universities across India.

KEY HIGHLIGHTS

- Diverse academic partnerships
- Building future leaders
- Real-world exposure
- Learning. Growing. Impacting.



HMILK SHARBAT SEVA



COOL HANDS. WARM HEARTS.

NMIMS Mumbai & UPES Dehradun Interns | Gurugram Bus Stand

In the peak of Delhi NCR's summer heat, our interns from NMIMS Mumbai and UPES Dehradun stepped out — not into air-conditioned offices, but onto the streets.

At Gurugram bus stand, they set up a milk sharbat seva — serving refreshing drinks to hundreds of people passing by in the scorching heat.

1,500 people served.

It was their first step in understanding community service on the ground. And they did not just distribute — they showed up, they served, they connected.

Because sometimes, the most powerful thing you can learn in an internship is not a skill. It is the habit of showing up for someone who did not expect you to.



NOURISHING MOTHERS. PROTECTING CHILDREN.

Pampers Distribution — Because Every Child Deserves Care

50 Mothers & Infants | Mera Parivar Centres

We distributed pampers to 50 mothers and their young children this month.

Because the well-being of a child begins with the dignity of a mother. When a mother has what she needs, she can give what her child needs. It sounds simple. It is not always simple to make it happen.

But we showed up. With care. With consistency.

Every mother deserves support. Every child deserves care. That is not just a line — it is what we came to do.



PM TB MUKT BHARAT ABHIYAN — FORTIFIED KHICHDI

Food Security for 50 Adopted TB Children

In Collaboration with CMO Gurgaon

In partnership with the office of CMO Gurgaon, under the Pradhan Mantri TB MukT Bharat Abhiyan — Mera Parivar is providing fortified khichdi packets to 50 adopted children throughout their TB treatment period.

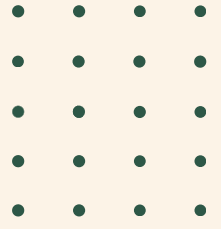
Because medicine alone cannot heal a body that is hungry.

This Food Security Initiative is built on three pillars — nutrition, immunity, and recovery. Every packet that reaches a child's hands is a step toward a TB MukT Bharat — not just as a slogan, but as a lived reality.

50 children. Fortified khichdi. Consistent support. Until every one of them is well.



DAILY NUTRITION PROGRAMME



Every Morning. Without Fail.

900 Families | 6 Locations Across Delhi NCR | 7:30 AM Daily

At 7:30 AM every morning — rain or shine — our teams are already out.

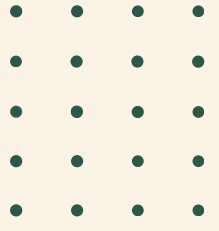
Milk. Eggs. Vegetables. Reaching 900 families daily across six strategic locations in Delhi NCR.

This is not an event. This is not a campaign. This is a commitment — sustained, consistent, and built on the understanding that food security is not a one-time gesture. It is a daily responsibility.

For the women and children who depend on this programme, 7:30 AM is not just a time. It is a promise kept.

6 Locations | 900 Daily Beneficiaries | Delhi NCR





INTERNATIONAL YOGA DAY

Where the Body Breathes and the Mind Stills

Mayur Vihar Phase 1 — Yamuna Riverbank | Rajiv Nagar | Sheetla Colony | Surat Nagar

On the banks of the Yamuna, as the morning mist was still lifting — our community rolled out mats and breathed together.

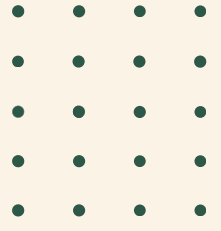
International Yoga Day this year was not held in a studio or a corporate lawn. It was held where it matters most — at the Yamuna riverbank in Mayur Vihar Phase 1, and across all three of our centres in Rajiv Nagar, Sheetla Colony, and Surat Nagar.

Women who carry the weight of their households every single day. Children who are still learning what it means to pause. All of them — together — moving, breathing, and for one morning, just being.

Yoga is not a luxury. It is a right. And this June, we made sure it reached the people who need its calm the most.

Four locations. One morning. One community — grounded together.





SUMMER CAMP 2026

Learning That Didn't Feel Like Learning

250 Participants | Country Inn Hotel, Gurgaon

Rajiv Nagar | Sheetla Colony | Surat Nagar

250 children walked into Country Inn Hotel, Gurgaon

this summer — some nervous, most excited, all of them not quite knowing what was waiting for them.

What was waiting for them was STEM labs and dance sessions. Group brainstorming and tables full of good food. Laughter that echoed down corridors. Energy that simply refused to sit still.

These are children from Rajiv Nagar, Sheetla Colony, and Surat Nagar — communities where a hotel lobby is not a familiar space. Where a science experiment is not something that happens at home. Where a summer this full is not something that was guaranteed.

But this summer — it was theirs.

Endless energy. Real learning. Real friendships. Real memories.

Because the best education does not feel like education. It feels exactly like this — like summer, like freedom, like being a child without apology.

250 participants. One summer. Proud of every single camper.

MORNING FRUITS & VEGETABLES DISTRIBUTION

300+ Families. Every Single Day.

7:00 – 7:30 AM | Daily Distribution

Before most of the city is awake, we are already there.

300+ families receive fresh fruits, vegetables, and nutrition products every morning — because showing up consistently is how you build trust in a community. Not with one big gesture. With hundreds of small ones.

Daily. 7:00 to 7:30 AM. Because that is what it takes.



OPEN LIBRARY — KODERMA, JHARKHAND

- A Postal Code Should Never Decide a Child's Future
- 157 Students | Rural Koderma | 4–8 Hours Daily
- Higher education remains an unfulfilled dream for millions of rural children in India.
- No dedicated study space. Under-resourced schools. Poor connectivity. No access to learning materials. We refused to accept this as inevitable.
- Mera Parivar launched a Free Open Library for rural students across 18–20 villages around Koderma, Jharkhand — a structured, resource-rich environment where young learners can study without distraction and work toward the future they deserve.
- 157 students actively enrolled
- Each student dedicates 4 to 8 hours daily
- Serving first-generation learners in rural Jharkhand
- These are not numbers. These are students who wake up every morning with purpose — walking to a space that tells them their dreams are valid.
- Education is not a privilege. It is a right. And we are here to protect it.





COMPUTER SKILL TRAINING

- Give a Young Person a Skill. Give Them a Future.
- Skill Centres | Delhi & Gurgaon
- The world is changing fast. And the youth who will lead it are not just degree holders — they are builders, coders, creators, and doers.
- This month, computer skill training continued across our centres — creating a direct bridge between ambition and employment for young people who have the drive but not always the access.
- Because a skill is not just a certificate. It is a door that stays open.



KELLOGG'S DISTRIBUTION

- The Right to Eat — And the Joy of It
- Children | Mera Parivar Centres
- Many of these children have seen Kellogg's on television. Colourful packets. Happy faces. Something that always seemed to belong to someone else's life.
- This month, it belonged to them.
- The look on a child's face when something they only ever saw on a screen is placed in their hands — that is not something you forget easily.
- Because the right to eat is not just about nutrition. Sometimes, it is about joy. And every child deserves a little of that too.





BOURNVITA DISTRIBUTION

- 2,500 Packs. Every Centre. Every Child and Womens .
- Rajiv Nagar | Surat Nagar | Sheetla Colony | All Centres
- 2,500 Bournvita packs distributed across all Mera Parivar centres this month – reaching children in Rajiv Nagar, Surat Nagar, Sheetla Colony, and beyond.
- Because a child who is nourished thinks more clearly, grows stronger, and believes more readily that tomorrow can be better than today.
- 2,500 packs. Thousands of mornings made a little stronger.





FATHER'S DAY

For the Men Who Never Stop

52-55 Fathers | Rajiv Nagar | Sheetla Colony | Surat Nagar

They said they would be 10 minutes late today.

For men who work 12 to 14 hours a day — who carry families on their backs without ever being asked if the weight is too much — being 10 minutes late for themselves felt almost indulgent.

This Father's Day, Mera Parivar — along with our partners — acknowledged those men. We distributed branded shoes and offered a warm morning breakfast to 52-55 fathers across Rajiv Nagar, Sheetla Colony, and Surat Nagar. Their responsibilities are unmatched. Their sacrifices are often unseen. Not today.

Happy Father's Day — from a community that sees you.





WORLD AGAINST CHILD LABOUR DAY

Every Child Deserves a Childhood

Ground Work | Migrant Labour Communities

We work on the ground with migrant labour communities every day. We see firsthand how financial hardship robs children of their education, their safety, and their future.

Child labour is not a statistic. It is a crisis unfolding in front of us — in the faces of children who should be in classrooms, not carrying loads.

On World Against Child Labour Day, we reaffirmed what we believe: every child deserves a childhood. And we will keep showing up until that is not an aspiration — but a reality.





MID-DAY MEAL PROJECT

Nutrition With Intention. Impact With Accountability.

Corporate Volunteers | BMS Tracking | All Centres

We go beyond dry ration distribution.

Corporate volunteers step into our centres to cook alongside communities, serve warm meals, and sit with children — turning nutrition into connection. Turning a meal into a moment.

And we do not stop at serving. Every child's height and weight is recorded through our BMS (Beneficiary Monitoring System) tool — tracking real growth, measuring real impact, ensuring every rupee of funding drives measurable change.

Cook together. Feed together. Measure together. Grow together.

This is nutrition with intention. This is impact with accountability.





FIELD VISIT — INDERLOK, DELHI

Into the Basti. Into Real Life.

90+ People | Volunteers & Community Interaction

Our volunteers went into a low-income community in Inderlok, Delhi — not to observe from a distance, but to be present.

They interacted with children — played games with them, sat with them, listened to them. They spoke with women about their daily challenges. They walked through the basti and saw, with their own eyes, what the numbers in reports can never fully capture.

90+ people connected with. Challenges documented. Bonds built.

Because field work is not about going somewhere and coming back with photos. It is about going somewhere and coming back different.





FIELD VISIT — MAYUR VIHAR, YAMUNA RIVERBANK

Where the City Ends and the Struggle Begins

80+ Students | Khichdi Session | Stationery Distribution

Along the banks of the Yamuna in Mayur Vihar Phase 1 — where some of Delhi's most vulnerable families live — our team spent the day with the community.

We played games with the children. We cooked khichdi together on chulhas — and ate together. We ran sessions, listened to stories, and understood challenges that textbooks never teach.

And before leaving — every child received stationery items as a gift. Because a pencil in the right hands can change a life.

80+ students reached. One afternoon. Lasting impact.







1,200+ YOUTH TRANSFORMED IN 5 YEARS

The Numbers Don't Lie

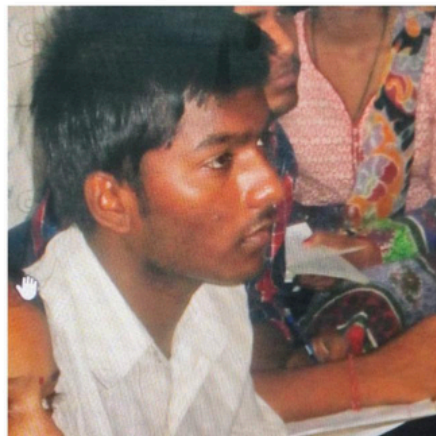
One of our community's young people now works at an MNC.

Five years ago, that future was not visible to him. Today, it is his reality — and he is one of more than 1,200 youth whose lives Mera Parivar has helped transform over the past five years.

Through education support, skill training, career counselling, and consistent community presence — we have watched young people go from surviving to building.

The numbers do not lie. But behind every number is a name, a family, and a story that deserved a better chapter.

Student in Mera Parivar NGO



At present Employee In Corporate



Body Measurement Screening (BMS)

Mera Parivar NGO successfully conducted a Body Measurement Screening (BMS) programme across its three learning centres—Rajiv Nagar, Sheetla Colony, and Surat Nagar. The initiative focused on measuring students' height and weight to assess their overall growth and nutritional status.

A total of 280 students participated in the screening. The collected data helps identify children who may require additional nutritional support and enables timely intervention to promote healthy growth and well-being.

Programme Highlights

- **Programme: Body Measurement Screening (BMS)**
- **Assessment: Height & Weight Measurement**
- **Centres: Rajiv Nagar, Sheetla Colony & Surat Nagar**
- **Students Screened: 280**
- **Implemented by: Mera Parivar NGO**





56

**ABHA &
AYUSHMAN CARDS**

Health access support
provided to community
members



25

FAMILY IDs

Families supported
with Family ID
registration



15

WIDOW PENSIONS

Widow pension
services successfully
initiated